

# Tennis

# Check ind



# Opvarmning



# Opvarmning med ketcher



# Fodarbejde



# Boldfodring





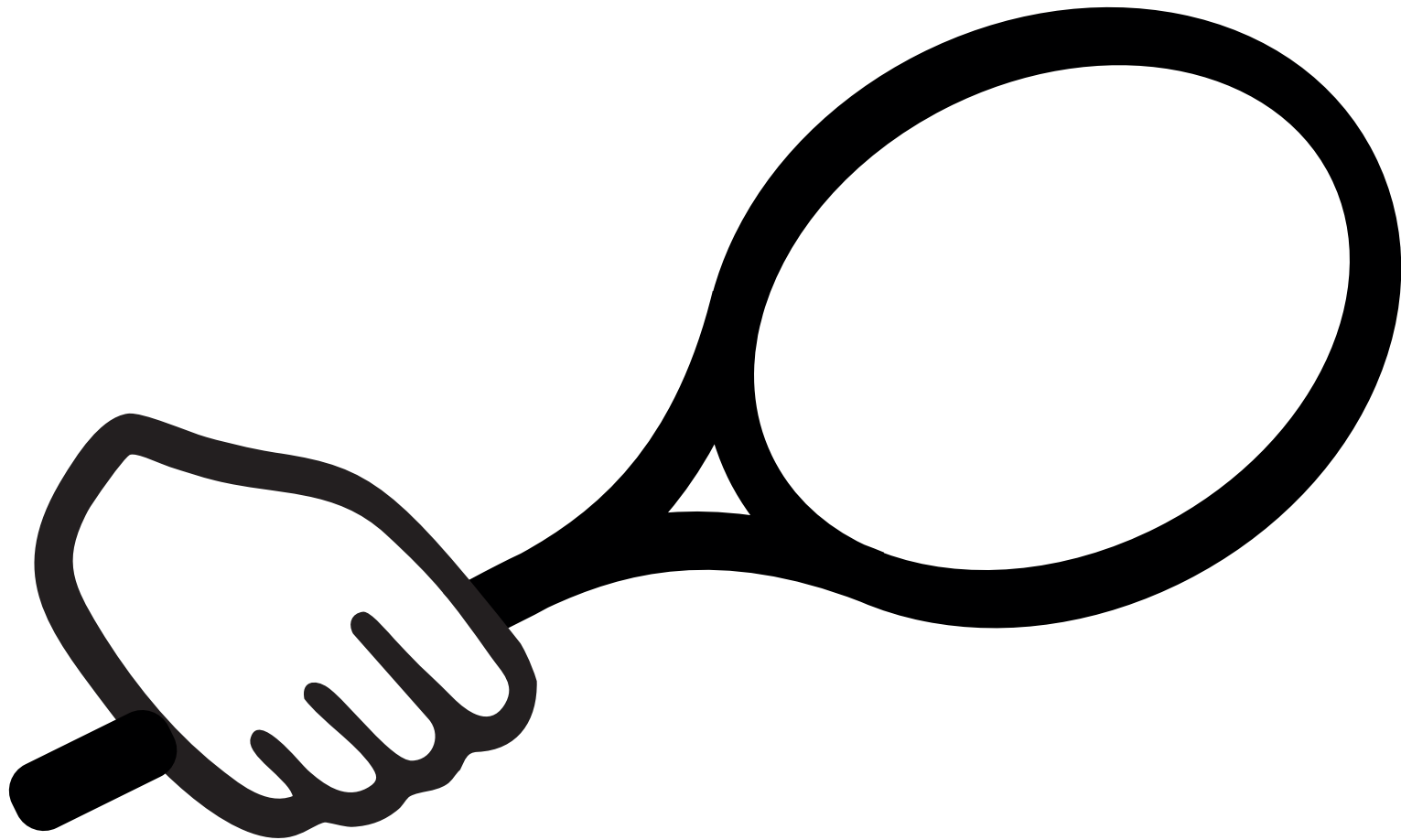
Serv



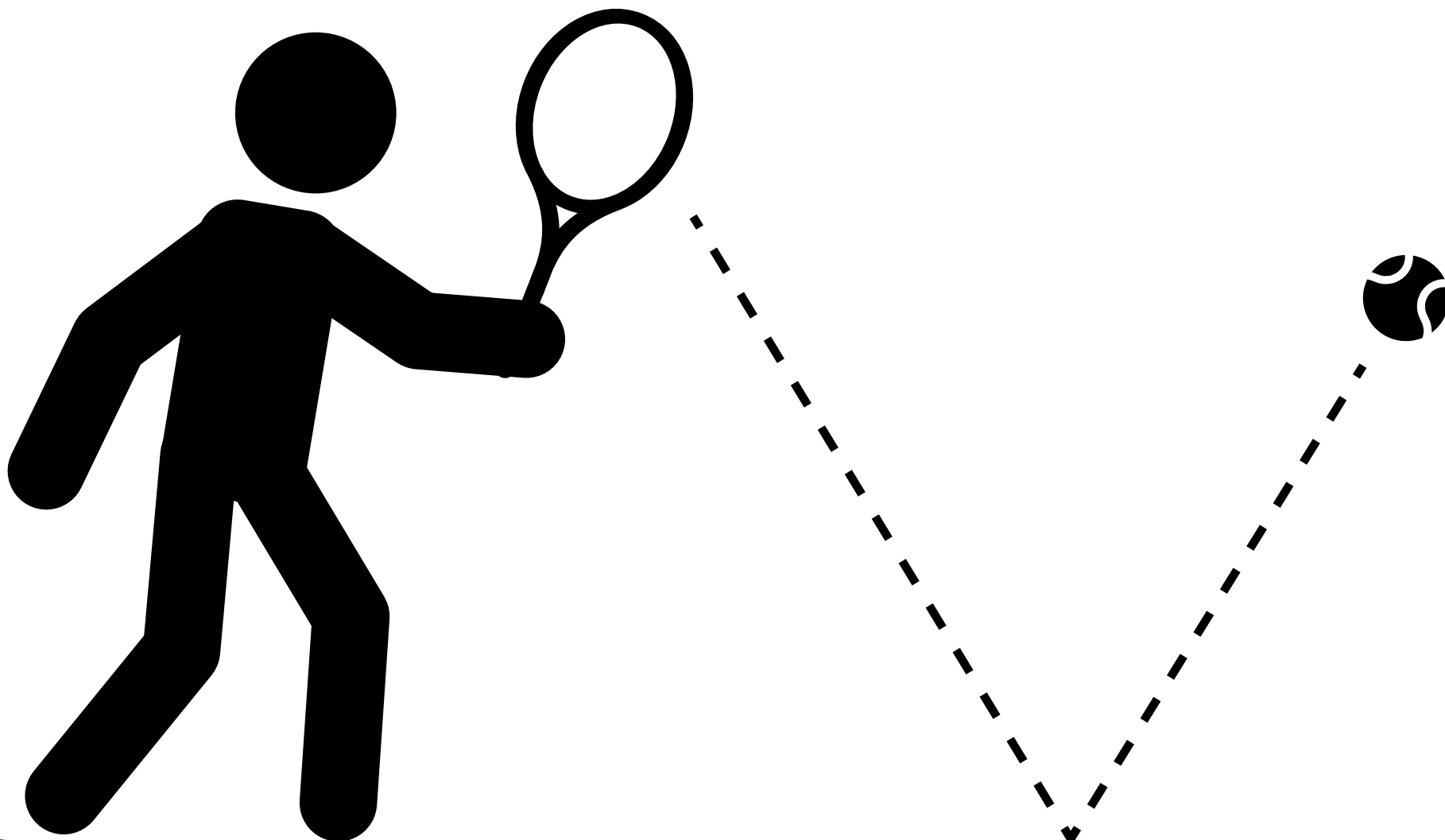
# Forhånd



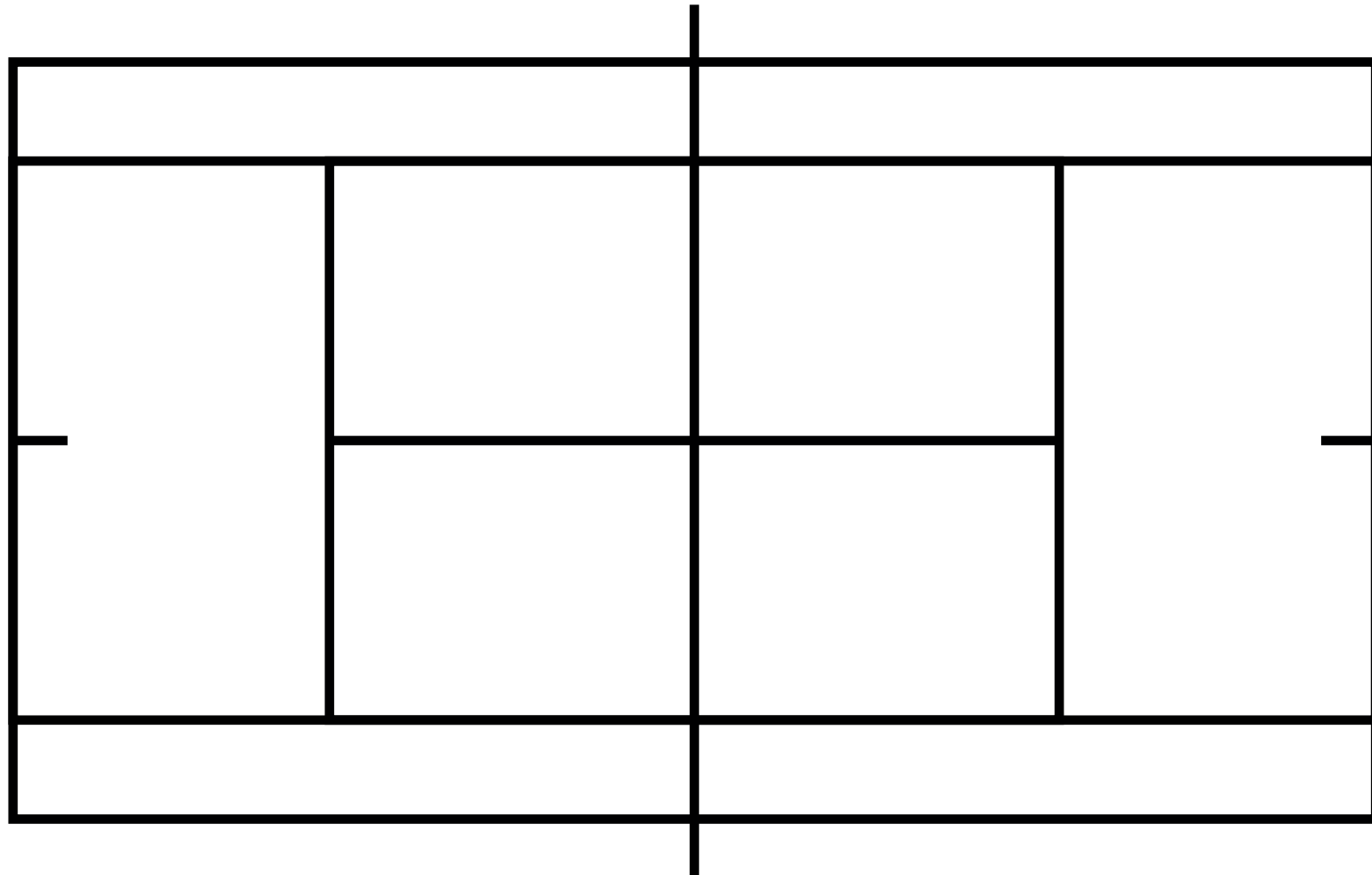
# Baghånd



# Spiløvelse



# Kamp



# Vand



# Udstræk



# Check ud



# Evaluering

